

# ON THE BORDER

— MEXICAN GRILL & CANTINA —

# GLUTEN-FRIENDLY MENU SUGGESTIONS

Made without gluten-containing ingredients

09.29.2021V1

For our guest with gluten sensitivity, we have prepared the following menu which list items that are made without gluten containing ingredients. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with gluten containing food products.

**Due to these circumstances, we are unable to guarantee that any menu items can be completely free of gluten.**

**PRIOR TO PLACING YOUR ORDER, ALWAYS ALERT THE MANAGER TO YOUR FOOD ALLERGY OR SPECIAL DIETARY NEEDS.**



## STARTERS, BORDER DIPS & BITES

Dips listed **without** tortilla chips\*

**GUACAMOLE**

**GUACAMOLE/QUESO DUO**

**SMOKY QUESO**

**BORDER-STYLE QUESO**

**SIGNATURE QUESO**

**SIGNATURE QUESO-PRIMO STYLE**

**CHICKEN FLAUTAS\***



## ENTRÉE SALADS & SOUP

**CHICKEN TORTILLA SOUP**

**without** tortilla strips\*

**FAJITA SALAD**

Mesquite-Grilled Chicken or Mesquite-Grilled Steak **without** onions\*\*

**GRANDE TACO SALAD** **without** tortilla crisps

Chicken Tinga or Ground Beef

**DRESSINGS:** *Spicy Avocado Ranch, Lime Vinaigrette, Ranch, House-made Salsa or Smoked Jalapeño Vinaigrette*

## BOLDER BORDER BOWLS

**GRILLED CHICKEN**

**GRILLED SHRIMP**

**GRILLED STEAK**

**GRILLED PORTOBELLO**

## BORDER-STYLE TACOS

**TACOS AL CARBON** Chicken or Steak

## SAUCES

**SALSA VERDE**

**ROASTED RED CHILE-TOMATILLO SALSA**

**SIGNATURE QUESO**

## FAJITAS

listed **without** onions\*\* and **without** flour tortillas

**CLASSIC FAJITAS**

Grilled Chicken

Grilled Steak

Carnitas

Portobello Mushroom & Vegetables

**SMOKEHOUSE FAJITAS**

**MONTEREY RANCH CHICKEN**

**ADD-ON SHRIMP SKEWER**

## FROM THE MESQUITE GRILL

**GRILLED QUESO CHICKEN**

**MEXICAN GRILLED CHICKEN**

## SIDES & ADD-ONS

**BLACK BEANS**

**REFRIED BEANS**

**MEXICAN RICE**

**HOUSE SALAD**

**without** tortilla strips\*

**CILANTRO LIME RICE**

**AVOCADO SLICES**

**GUACAMOLE**

**GRILLED SHRIMP SKEWER**

**SAUTÉED VEGETABLES**

**PICO DE GALLO**

**MIXED CHEESE**

**SOUR CREAM**

**CORN TORTILLAS**

**KIDS** listed **without** side

**SOFT CORN TACO**

Grilled Chicken

**KIDS SIDES:**

Black Beans

Mexican Rice

Refried Beans

**KIDS DESSERTS:**

Chocolate Sundae

Strawberry Sundae

**BLASTS:**

Blue Raspberry

Cherry

## NON-ALCOHOLIC BEVERAGES

**COCA-COLA**

**COCA-COLA ZERO SUGAR**

**DIET COKE**

**DR PEPPER**

**SPRITE**

**BARQ'S ROOT BEER**

**MINUTE MAID LEMONADE**

**STRAWBERRY LEMONADE**

**ICED TEA**

**FLAVORED ICED TEAS**

\*FRIED IN COMMON FRY OIL

\*\*CONTAINS SOY SAUCE

At On The Border, a top priority is always the health and safety of our guests. As part of our commitment to you, our vegetarian menu is based on product information provided by On The Border's approved food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. We highly recommend that our guests with special dietary needs consult with a restaurant manager prior to placing an order to ensure the posted information is accurate and represents the menu items sold at that particular location. Limited time offers, test products or regional items have not been included in the menus.