

ON THE BORDER

— MEXICAN GRILL & CANTINA —

GLUTEN-FRIENDLY MENU SUGGESTIONS

Made without gluten-containing ingredients

as of 02.08.2023

For our guest with gluten sensitivity, we have prepared the following menu which list items that are made without gluten containing ingredients. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with gluten containing food products.

Due to these circumstances, we are unable to guarantee that any menu items can be completely free of gluten.

PRIOR TO PLACING YOUR ORDER, ALWAYS ALERT THE MANAGER TO YOUR FOOD ALLERGY OR SPECIAL DIETARY NEEDS.

BOLD STARTERS

Dips listed **without** tortilla chips*

GUACAMOLE

GUACAMOLE/QUESO DUO

SMOKY QUESO

BORDER-STYLE QUESO

SIGNATURE QUESO

SIGNATURE QUESO-PRIMO STYLE

CHICKEN FLAUTAS*

SALADS & SOUP

CHICKEN TORTILLA SOUP

without tortilla strips*

FAJITA SALAD listed **without** onions**

Chicken or Steak

GRANDE TACO SALAD **without** tortilla shell

Chicken Tinga or Ground Beef

DRESSINGS: *Spicy Avocado Ranch, Lime Vinaigrette, Ranch, House-made Salsa or Smoked Jalapeño Vinaigrette*

BOLDER BORDER BOWLS

GRILLED CHICKEN

GRILLED SHRIMP

GRILLED STEAK

GRILLED PORTOBELLO

BORDER-STYLE TACOS & BURRITOS

TACOS AL CARBON Chicken or Steak

SAUCES TO SAVOR

SALSA VERDE

SIGNATURE QUESO

HOUSE-MADE SALSA

JALAPEÑO-BBQ

HONEY-CHIPOTLE

SPICY AVOCADO RANCH

LIME-CILANTRO CHIMICHURRI

ROASTED RED CHILE-TOMATILLO SALSA

SIZZLING FAJITAS

listed **without** onions** and **without** flour tortillas

CLASSIC FAJITAS

Grilled Chicken

Grilled Steak

Carnitas

Portobello & Vegetables

THE ULTIMATE FAJITA®

SMOKEHOUSE FAJITAS

MONTEREY RANCH CHICKEN

ADD-ON SHRIMP SKEWER

ADD-ON CHIPOTLE RIBS

ADD-ON JALAPEÑO SAUSAGE

FROM THE MESQUITE GRILL

GRILLED QUESO CHICKEN

MEXICAN GRILLED CHICKEN

CARNE ASADA

SIGNATURE SIDES & ADD-ONS

BLACK BEANS

REFRIED BEANS

MEXICAN RICE

HOUSE SALAD

without tortilla strips*

CILANTRO LIME RICE

AVOCADO SLICES

GUACAMOLE

GRILLED SHRIMP SKEWER

SAUTÉED VEGETABLES

PICO DE GALLO

MIXED CHEESE

SOUR CREAM

CORN TORTILLAS

KIDS listed **without** side

SOFT CORN TACO

Grilled Chicken

KIDS SIDES

Black Beans

Mexican Rice

Refried Beans

KIDS DESSERTS

Chocolate Sundae

Strawberry Sundae

BORDER BLAST

Blue Raspberry

Cherry

*FRIED IN COMMON FRY OIL

**CONTAINS SOY SAUCE

At On The Border, a top priority is always the health and safety of our guests. As part of our commitment to you, our vegetarian menu is based on product information provided by On The Border's approved food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. We highly recommend that our guests with special dietary needs consult with a restaurant manager prior to placing an order to ensure the posted information is accurate and represents the menu items sold at that particular location. Limited time offers, test products or regional items have not been included in the menus.