

# ON THE BORDER

— MEXICAN GRILL & CANTINA —

## GLUTEN-FRIENDLY MENU SUGGESTIONS

Made without gluten-containing ingredients

as of 02.21.2024v2

For our guest with gluten sensitivity, we have prepared the following menu which list items that are made without gluten containing ingredients. Please be aware that during normal kitchen operations involving shared cooking and preparation areas, including common fryer oil, the possibility exists for food items to come in contact with gluten containing food products.

**Due to these circumstances, we are unable to guarantee that any menu items can be completely free of gluten.**

**PRIOR TO PLACING YOUR ORDER, ALWAYS ALERT THE MANAGER  
TO YOUR FOOD ALLERGY OR SPECIAL DIETARY NEEDS.**

### BOLD STARTERS

Dips listed **without** tortilla chips\*

#### GUACAMOLE

#### GUACAMOLE/QUESO DUO

#### BORDER-STYLE QUESO

#### SIGNATURE QUESO

#### SIGNATURE QUESO-PRIMO STYLE

### SALADS & SOUP

#### CHICKEN TORTILLA SOUP

**without** tortilla strips\*

#### FAJITA SALAD listed **without** onions\*\*

Chicken or Steak

#### GRANDE TACO SALAD **without** flour tortilla shell

Chicken Tinga or Ground Beef

**DRESSINGS:** *Spicy Avocado Ranch, Lime Vinaigrette, Ranch, House-made Salsa or Smoked Jalapeño Vinaigrette*

### BOLDER BORDER BOWLS

#### GRILLED CHICKEN

#### GRILLED PORTOBELLO

#### GRILLED STEAK

#### GUACAMOLE

#### GRILLED SHRIMP

### SAUCES TO SAVOR

#### SALSA VERDE

#### SIGNATURE QUESO

#### HOUSE-MADE SALSA

#### JALAPEÑO-BBQ

#### HONEY-CHIPOTLE

#### SPICY AVOCADO RANCH

#### LIME-CILANTRO CHIMICHURRI

#### ROASTED RED CHILE-TOMATILLO SALSA

### SIZZLING FAJITAS

listed **without** onions\*\* and **without** flour tortillas

#### CLASSIC FAJITAS

Grilled Chicken

Grilled Steak

Pork Carnitas

Portobello & Vegetables

#### THE ULTIMATE FAJITA®

#### MONTEREY RANCH CHICKEN

#### ADD-ON SHRIMP SKEWER

### FROM THE MESQUITE GRILL

#### GRILLED QUESO CHICKEN

#### MEXICAN GRILLED CHICKEN

#### CARNE ASADA

### SIGNATURE SIDES & ADD-ONS

#### BLACK BEANS

#### GUACAMOLE

#### REFRIED BEANS

#### GRILLED SHRIMP SKEWER

#### MEXICAN RICE

#### SAUTÉED VEGETABLES

#### HOUSE SALAD

**without** tortilla strips\*

#### PICO DE GALLO

#### CILANTRO LIME RICE

#### MIXED CHEESE

#### AVOCADO SLICES

#### SOUR CREAM

#### CORN TORTILLAS

### KIDS listed **without** side

#### SOFT CORN TACO

Grilled Chicken

#### KIDS DESSERTS

Chocolate Sundae

Strawberry Sundae

#### KIDS SIDES

Black Beans

Mexican Rice

Refried Beans

#### BORDER BLAST

Blue Raspberry

Cherry

\*FRIED IN COMMON FRY OIL

\*\*CONTAINS SOY SAUCE

At On The Border, a top priority is always the health and safety of our guests. As part of our commitment to you, our vegetarian menu is based on product information provided by On The Border's approved food manufacturers. Every effort is made to keep this information current. However, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, recipe revisions, preparation techniques and/or the season of the year. Certain menu items may vary from restaurant to restaurant and may not be available at all locations. We highly recommend that our guests with special dietary needs consult with a restaurant manager prior to placing an order to ensure the posted information is accurate and represents the menu items sold at that particular location. Limited time offers, test products or regional items have not been included in the menus.